

## Four of Champion Athletes Named to All-American

USA Taekwondo, the National Governing Body of taekwondo in the United States and a member of the U.S. Olympic Committee, recently announced the formation of the USA Taekwondo All-American program for its member athletes beginning in 2010. There are four athletes from Champion Taekwondo Team that were named to this panel of the best athletes in the country. These athletes are Nicholas Yow, Alexander Yow, Michelle Silva and Gregory English. Nicholas and Alexander Yow will be representing USA in the World Junior Taekwondo Championship event while Michelle and Gregory will be representing USA in the Youth Olympic Game Qualifier event. Both events will be held in Mexico during March 2010.

According to USA Taekwondo, the title of "USA Taekwondo All-American" will be an achievement conferred exclusively by USA Taekwondo to the most deserving taekwondo athletes who have demonstrated superior performance and the Olympic ideals.

"It is important for USA Taekwondo to honor the very best athletes in our sport," said USAT Chief Executive Officer David Askinas. "The USA Taekwondo All-American designation has a meaning that reverberates throughout the world of sports. We are pleased to create this very meaningful program for the outstanding junior and senior athletes in our sport."

The four Champion athletes mentioned above are well-prepared and trained year-round in the Southeast community of Chicago by Master Luciano Medina at Champion Taekwondo Studio. Master Medina has a credential of training many athletes that had achieved other national titles as well, such as Christian Medina and Emily Pearn who are also on the USA Taekwondo and AAU national team. To have a four All-Americans and a total of six national team members from a single studio is an achievement in Excellence in the sports of Taekwondo!

There are many Taekwondo athletes throughout the country that train diligently and compete to medal at the national tournaments. Most of all, they aspire to represent USA in the international arena. Master Medina is reaping the fruits of his dedicated and disciplined coaching at the highest level. He is the proud coach of the four USA Taekwondo All-American athletes, the first selected few that are named this year by the USA Taekwondo Organization.

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